



2009 Forrest 6 Hour Championships

Fastest Female Day Laps

19:48
Sunday

Place	Time	Rider	Av Spd	Category	Team Name
1	32:36	Katherine O'Shea	18.40	Women Solo	Katherine O'Shea
2	34:57	Jessica Douglas	17.17	Women Solo	Jessica Douglas
3	35:28	Katherine O'Shea	16.92	Women Solo	Katherine O'Shea
4	35:49	Peta Mullins	16.75	Women Solo	Peta Mullins
5	36:04	Jenni King	16.64	Women Pairs	Lucky Girls
6	36:10	Katherine O'Shea	16.59	Women Solo	Katherine O'Shea
7	36:18	Katherine O'Shea	16.53	Women Solo	Katherine O'Shea
8	36:56	Peta Mullins	16.25	Women Solo	Peta Mullins
9	37:00	Jessica Douglas	16.22	Women Solo	Jessica Douglas
10	37:09	Katherine O'Shea	16.15	Women Solo	Katherine O'Shea
11	37:37	Niki Fisher	15.95	Mixed Pairs	Team Giant
12	37:49	Niki Fisher	15.87	Mixed Pairs	Team Giant
13	38:10	Peta Mullins	15.72	Women Solo	Peta Mullins
14	38:12	Jessica Douglas	15.71	Women Solo	Jessica Douglas
15	38:46	Peta Mullins	15.48	Women Solo	Peta Mullins
16	38:46	Jenni King	15.48	Women Pairs	Lucky Girls
17	38:47	Melinda Jackson	15.47	Women Pairs	Lucky Girls
18	39:15	Katherine O'Shea	15.29	Women Solo	Katherine O'Shea
19	39:20	Niki Fisher	15.25	Mixed Pairs	Team Giant
20	39:27	Jenni King	15.21	Women Pairs	Lucky Girls



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21	39:45	Niki Fisher	15.09	Mixed Pairs	Team Giant
22	39:49	Peta Mullins	15.07	Women Solo	Peta Mullins
23	40:16	Jessica Douglas	14.90	Women Solo	Jessica Douglas
24	40:21	Jo Williams	14.87	Mixed Pairs	Trailmix.com.au
25	40:34	Liz Mulconry	14.79	Women Solo	Liz Mulconry
26	40:46	Melinda Jackson	14.72	Women Pairs	Lucky Girls
27	40:51	Jenni King	14.69	Women Pairs	Lucky Girls
28	41:03	Melinda Jackson	14.62	Women Pairs	Lucky Girls
29	41:31	Katherine O'Shea	14.45	Women Solo	Katherine O'Shea
30	41:39	Katherine O'Shea	14.41	Women Solo	Katherine O'Shea
31	41:41	Bec Thorpe	14.39	Mixed Pairs	Chokolatrush
32	42:08	Melinda Jackson	14.24	Women Pairs	Lucky Girls
33	42:09	Peta Mullins	14.23	Women Solo	Peta Mullins
34	42:16	Linda Wylie	14.20	Mixed Pairs	Lamb Chops
35	42:32	Crystal Peterson	14.11	Women Pairs	Foley and Peterson
36	42:39	Katherine O'Shea	14.07	Women Solo	Katherine O'Shea
37	42:52	Liz Mulconry	14.00	Women Solo	Liz Mulconry
38	43:07	Bec Thorpe	13.92	Mixed Pairs	Chokolatrush
39	43:22	Jo Williams	13.84	Mixed Pairs	Trailmix.com.au
40	43:28	Katherine O'Shea	13.80	Women Solo	Katherine O'Shea



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41	43:57	Melinda Jackson	13.65	Women Pairs	Lucky Girls
42	44:05	Peta Mullins	13.61	Women Solo	Peta Mullins
43	44:07	Jessica Douglas	13.60	Women Solo	Jessica Douglas
44	44:21	Jessica Douglas	13.53	Women Solo	Jessica Douglas
45	44:29	Niki Fisher	13.49	Mixed Pairs	Team Giant
46	44:34	Jo Williams	13.46	Mixed Pairs	Trailmix.com.au
47	44:39	Crystal Peterson	13.44	Women Pairs	Foley and Peterson
48	44:48	Irene Thompson	13.39	Mixed Pairs	Torquay Cycling Factory
49	45:25	Jessica Douglas	13.21	Women Solo	Jessica Douglas
50	45:54	Jessica Douglas	13.07	Women Solo	Jessica Douglas
51	46:03	Katie McKie	13.03	Mixed Pairs	Melbourne Forrest Crew
52	46:05	Lucinda Garnett	13.02	Women Pairs	Topgear Chics
53	46:12	Irene Thompson	12.99	Mixed Pairs	Torquay Cycling Factory
54	46:16	Crystal Peterson	12.97	Women Pairs	Foley and Peterson
55	46:22	Peta Mullins	12.94	Women Solo	Peta Mullins
56	46:26	Liz Mulconry	12.92	Women Solo	Liz Mulconry
57	46:46	Phil Jessen	12.83	Mixed Teams of 3	The Muddy f ups
58	46:52	Jessica Douglas	12.80	Women Solo	Jessica Douglas
59	47:21	Peta Mullins	12.67	Women Solo	Peta Mullins
60	47:37	Linda Wylie	12.60	Mixed Pairs	Lamb Chops



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61	47:46	Linda Wylie	12.56	Mixed Pairs	Lamb Chops
62	47:51	Rachael Brennan	12.54	Women Pairs	Mary and Rach
63	48:00	Crystal Peterson	12.50	Women Pairs	Foley and Peterson
64	48:01	Irene Thompson	12.50	Mixed Pairs	Torquay Cycling Factory
65	48:03	Isobel Besimalov	12.49	Women Solo	Isobel Besimalov
66	48:04	Isobel Besimalov	12.48	Women Solo	Isobel Besimalov
67	48:47	Nele Lowrie	12.30	Mixed Pairs	Bicycle Recycle
68	48:50	Cathy Moffat	12.29	Mixed Teams of 3	2 beers & a coffee
69	48:54	Nele Lowrie	12.27	Mixed Pairs	Bicycle Recycle
70	49:02	Isobel Besimalov	12.24	Women Solo	Isobel Besimalov
71	49:22	Belinda Hartwich	12.15	Women Pairs	Team Zest
72	49:23	Lucinda Garnett	12.15	Women Pairs	Topgear Chics
73	49:50	Liz Mulconry	12.04	Women Solo	Liz Mulconry
74	50:05	Claire Stevens	11.98	Women Solo	Claire Stevens
75	50:32	Belinda Hartwich	11.87	Women Pairs	Team Zest
76	50:39	Katie McKie	11.85	Mixed Pairs	Melbourne Forrest Crew
77	50:42	Katie McKie	11.83	Mixed Pairs	Melbourne Forrest Crew
78	50:51	Jennifer Hayes	11.80	Women Solo	Total Kaos (Jennifer Hayes)
79	51:07	Rebecca Freeman	11.74	Women Pairs	Topgear Chics
80	51:16	Sarah Bromley	11.70	Mixed Pairs	Sarah & Joe



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81	51:17	Katie McKie	11.70	Mixed Pairs	Melbourne Forrest Crew
82	51:20	Irene Thompson	11.69	Mixed Pairs	Torquay Cycling Factory
83	51:21	Emma Vorbach	11.68	Women Solo	Emma Vorbach
84	51:34	Isobel Besimalov	11.64	Women Solo	Isobel Besimalov
85	51:39	Isobel Besimalov	11.62	Women Solo	Isobel Besimalov
86	51:40	Sarah Bromley	11.61	Mixed Pairs	Sarah & Joe
87	52:18	Phil Jessen	11.47	Mixed Teams of 3	The Muddy f ups
88	52:19	Rachael Brennan	11.47	Women Pairs	Mary and Rach
89	52:30	Liz Mulconry	11.43	Women Solo	Liz Mulconry
90	53:22	Claire Stevens	11.24	Women Solo	Claire Stevens
91	53:36	Nele Lowrie	11.19	Mixed Pairs	Bicycle Recycle
92	53:43	Isobel Besimalov	11.17	Women Solo	Isobel Besimalov
93	53:49	Cathy Moffat	11.15	Mixed Teams of 3	2 beers & a coffee
94	53:49	Liz Mulconry	11.15	Women Solo	Liz Mulconry
95	53:56	Liz Mulconry	11.12	Women Solo	Liz Mulconry
96	54:36	Liz Mulconry	10.99	Women Solo	Liz Mulconry
97	54:43	Jo Hand	10.97	Women Pairs	Team Zest
98	54:52	Lucinda Garnett	10.94	Women Pairs	Topgear Chics
99	55:05	Rebecca Freeman	10.89	Women Pairs	Topgear Chics
100	55:14	Isobel Besimalov	10.86	Women Solo	Isobel Besimalov



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101	55:21	Emma Vorbach	10.84	Women Solo	Emma Vorbach
102	55:37	Claire Stevens	10.79	Women Solo	Claire Stevens
103	55:44	Belinda Hartwich	10.77	Women Pairs	Team Zest
104	57:29	Rebecca Freeman	10.44	Women Pairs	Topgear Chics
105	57:41	Nele Lowrie	10.40	Mixed Pairs	Bicycle Recycle
106	58:17	Rachael Brennan	10.29	Women Pairs	Mary and Rach
107	58:41	Mary Hall	10.22	Women Pairs	Mary and Rach
108	59:14	Mary Hall	10.13	Women Pairs	Mary and Rach
109	59:45	Bec Thorpe	10.04	Mixed Pairs	Chokolatrush
110	59:47	Rebecca Freeman	10.04	Women Pairs	Topgear Chics
111	1:00:01	Sarah Bromley	10.00	Mixed Pairs	Sarah & Joe
112	1:00:17	Kirstin Honey	9.95	Women Solo	Kirstin Honey
113	1:00:17	Kirstin Honey	9.95	Women Solo	Kirstin Honey
114	1:00:37	Halena Chandler	9.90	Mixed Teams of 3	Rock and Road Racettes
115	1:01:17	Holly Lusher	9.79	Mixed Teams of 4	The Special Trekdales
116	1:02:52	Kirstin Honey	9.54	Women Solo	Kirstin Honey
117	1:02:57	Emma Vorbach	9.53	Women Solo	Emma Vorbach
118	1:03:19	Tania Elderkin	9.48	Mixed Teams of 3	Two Chardys and a Beer
119	1:04:03	Claire Stevens	9.37	Women Solo	Claire Stevens
120	1:05:55	Tracey Sandstrom	9.10	Women Pairs	GO GIRLS



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121	1:06:21	Kirstin Honey	9.04	Women Solo	Kirstin Honey
122	1:06:39	Lisa Page	9.00	Mixed Teams of 3	Two Chardys and a Beer
123	1:07:31	Rachael O'Connor	8.89	Women Pairs	GO GIRLS
124	1:07:44	Jo Hand	8.86	Women Pairs	Team Zest
125	1:08:02	Rachael O'Connor	8.82	Women Pairs	GO GIRLS
126	1:09:48	Tania Elderkin	8.60	Mixed Teams of 3	Two Chardys and a Beer
127	1:09:51	Jane Kingston	8.59	Women Solo	Jane Kingston
128	1:11:17	Claire Stevens	8.42	Women Solo	Claire Stevens
129	1:11:35	Halena Chandler	8.38	Mixed Teams of 3	Rock and Road Racettes
130	1:12:09	Lisa Page	8.32	Mixed Teams of 3	Two Chardys and a Beer
131	1:12:21	Kirstin Honey	8.29	Women Solo	Kirstin Honey
132	1:13:10	Kirstin Honey	8.20	Women Solo	Kirstin Honey
133	1:15:06	Tracey Sandstrom	7.99	Women Pairs	GO GIRLS
134	1:15:25	Tracey Sandstrom	7.96	Women Pairs	GO GIRLS
135	1:15:51	Stella Lacey	7.91	Women Solo	Stella Lacey
136	1:20:33	Mary Hall	7.45	Women Pairs	Mary and Rach
137	1:22:17	Jennifer Hayes	7.29	Women Solo	Total Kaos (Jennifer Hayes)
138	1:24:49	Bec Thorpe	7.07	Mixed Pairs	Chokolatrush
139	1:43:02	Emma Vorbach	5.82	Women Solo	Emma Vorbach
140	1:44:12	Amber Yarde	5.76	Mixed Teams of 4	The Special Trekdales



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141	2:14:37	Halena Chandler	4.46	Mixed Teams of 3	Rock and Road Racettes